

## **From Start to Fitted: Jacket or Blouse with Cynthia Guffey**

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To get the maximum benefit from your time in this class, make sure to do the advance prep and come prepared to dig in and get to work.

Follow the instructions in the *Precision Measuring and Pattern Alteration* workbook for measuring your body. Then systematically proceed with altering your pattern. You may need my help with this step. There are no dumb questions, and there are never too many questions! Please email me at [cynthiaguffey@juno.com](mailto:cynthiaguffey@juno.com)

**Advance Prep:** Make a mock-up in the fabric that mimics the fabric with which you will make the garment (rather than muslin). Often a twill or pique is a great choice.

### **Construction of mockup:**

Stay-stitching and accurately sewn seam allowances are important.

If your garment has a collar, only one layer is necessary for the mock-up. Remove seam allowances from the outer edges of the collar. Eliminate hems and cut the finished length at the bottom and on the sleeves.

With an ink pen, mark the center front from the neckline to the hem, the center back, front and back waistline.

Instead of applying facings, stitch 1/8 inch outside of the seam allowance. Then trim seam allowances. There will be a stitching line remaining 1/8 inch from the trimmed edge to prevent stretching. For example, jewel neckline pattern has 5/8-inch seam allowances – sew, with the grain, around the neck edge 6/8 (3/4) inch from the cut edge and trim off 5/8 inch. What remains is the finished location of the neck edge with a staystitch 1/8 inch away. This will prevent stretching. If you question what to do, wait until class.

### **Supply List:**

Tissue for altering pattern, pattern, paper cutting scissors, fabric cutting scissors, appropriate shoulder pads, straight pins, hand sewing needles, thread, tape measure, clear see-thru ruler, transparent tape, masking tape, ink pens, seam ripper and the book *Precision Measuring and Pattern Alteration* by Cynthia Guffey

Have fun, be positive and I will see you in class!

- Cynthia Guffey